



## Ladies List.....Pack It & Go

This "Pack It & Go" considers all the necessary items you may need for your trip. **Luggage can be misplaced, lost or stolen so don't pack this list or other important travel documents in a suitcase.** Knives or sharp objects will not be allowed in carry-on baggage or past the security checkpoint. Any sharp items should be packed in your checked baggage. Insulin dependent flyers may carry on any syringe-injected medications. The TSA has specific rules for carry-on of liquids, gels and aerosols. Follow the 3-1-1 rule by using 3.4 oz. bottles or less of liquids, gels, or aerosols (trial size) and place them in a one quart size clear plastic Ziploc bag per person. For more information on carry on regulations please visit [www.tsa.gov](http://www.tsa.gov)

### Toiletries:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Shaving items       | <input type="checkbox"/> Dental Floss           | <input type="checkbox"/> Lint Brush                |
| <input type="checkbox"/> Toothpaste/Brush    | <input type="checkbox"/> Aspirin/Remedies, etc. | <input type="checkbox"/> Hand Sanitizer            |
| <input type="checkbox"/> Shampoo/Conditioner | <input type="checkbox"/> Nail Clippers/File     | <input type="checkbox"/> Band-aides                |
| <input type="checkbox"/> Special Soap        | <input type="checkbox"/> Tweezers               | <input type="checkbox"/> Sunglasses                |
| <input type="checkbox"/> Deodorant           | <input type="checkbox"/> Sunscreen              | <input type="checkbox"/> Contact Lenses            |
| <input type="checkbox"/> Mouthwash           | <input type="checkbox"/> Optic Solutions        | <input type="checkbox"/> Feminine Hygiene Products |
| <input type="checkbox"/> Breath Mints        | <input type="checkbox"/> Hair Brush/Comb        |  |

### Clothing:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Pajamas/nightgown               | <input type="checkbox"/> Pants (dress & casual)             | <input type="checkbox"/> Sweater                |
| <input type="checkbox"/> Bathrobe                        | <input type="checkbox"/> Belts                              | <input type="checkbox"/> Dress (casual & fancy) |
| <input type="checkbox"/> Slippers                        | <input type="checkbox"/> Handkerchiefs (small pack tissues) | <input type="checkbox"/> Gloves                 |
| <input type="checkbox"/> Socks (dress & casual)          | <input type="checkbox"/> Shorts                             | <input type="checkbox"/> Scarf                  |
| <input type="checkbox"/> Shoes (dress, casual & Sandals) | <input type="checkbox"/> Swimsuit/cover-up                  | <input type="checkbox"/> Jacket                 |
| <input type="checkbox"/> Under garments                  | <input type="checkbox"/> Tops (dress & casual)              | <input type="checkbox"/> Raingear (coat/poncho) |

### Accessory Items:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Hotel Confirmation                        | <input type="checkbox"/> Emergency Contact Numbers | <input type="checkbox"/> Spot Remover                    |
| <input type="checkbox"/> Flight Tickets/transfers                  | <input type="checkbox"/> <b>Pocket</b> Flashlight  | <input type="checkbox"/> Pocket Umbrella                 |
| <input type="checkbox"/> Passport/State issued picture ID**        | <input type="checkbox"/> Alarm Clock               | <input type="checkbox"/> Converter/Adapter*              |
| <input type="checkbox"/> State Issued Certified Birth Certificate* | <input type="checkbox"/> Camera/video              | <input type="checkbox"/> Cell Phone/charger              |
| <input type="checkbox"/> Health Insurance Card                     | <input type="checkbox"/> Memory cards              | <input type="checkbox"/> Prescription Medicine           |
| <input type="checkbox"/> Security Wallet                           | <input type="checkbox"/> Sewing/First Aid Kits     | <input type="checkbox"/> Credit Cards                    |
| <input type="checkbox"/> TSA approved Locks/Keys                   | <input type="checkbox"/> Reading Material/maps     | <input type="checkbox"/> Cash with small bills           |
| <input type="checkbox"/> Luggage Tags                              | <input type="checkbox"/> List of medicines         | <input type="checkbox"/> Watch/Jewelry                   |
|  |  | <input type="checkbox"/> Earphones/gaming devices/snacks |

\*If needed based on your travel itinerary and per the advise of your travel expert.

\*\* If you plan to drive on an international vacation, you may need to obtain an International Driver's Permit.

Be sure to include in your carry-on any important documents, ID, tickets, medications or valuables. A travel pillow, light blanket, glasses, reading material and snacks will make your flight more relaxing. Personal music/gaming devices are also allowed. Information is believed to be accurate at time of publishing however please contact your travel expert should you have further questions.