



Ladies List.....Pack It & Go

This "Pack It & Go" considers all the necessary items you may need for your trip. **Luggage can be misplaced, lost or stolen so don't pack this list or other important travel documents in a suitcase.** Knives or sharp objects will not be allowed in carry-on baggage or past the security checkpoint. Any sharp items should be packed in your checked baggage. Insulin dependent flyers may carry on any syringe-injected medications. The TSA has specific rules for carry-on of liquids, gels and aerosols. Follow the 3-1-1 rule by using 3.4 oz. bottles or less of liquids, gels, or aerosols (trial size) and place them in a one quart size clear plastic Ziploc bag per person. For more information on carry on regulations please visit www.tsa.gov

Toiletries:

- | | | |
|--|---|--|
| <input type="checkbox"/> Shaving items | <input type="checkbox"/> Dental Floss | <input type="checkbox"/> Lint Brush |
| <input type="checkbox"/> Toothpaste/Brush | <input type="checkbox"/> Aspirin/Remedies, etc. | <input type="checkbox"/> Hand Sanitizer |
| <input type="checkbox"/> Shampoo/Conditioner | <input type="checkbox"/> Nail Clippers/File | <input type="checkbox"/> Band-aides |
| <input type="checkbox"/> Special Soap | <input type="checkbox"/> Tweezers | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Contact Lenses |
| <input type="checkbox"/> Mouthwash | <input type="checkbox"/> Optic Solutions | <input type="checkbox"/> Feminine Hygiene Products |
| <input type="checkbox"/> Breath Mints | <input type="checkbox"/> Hair Brush/Comb | |

Clothing:

- | | | |
|--|---|---|
| <input type="checkbox"/> Pajamas/nightgown | <input type="checkbox"/> Pants (dress & casual) | <input type="checkbox"/> Sweater |
| <input type="checkbox"/> Bathrobe | <input type="checkbox"/> Belts | <input type="checkbox"/> Dress (casual & fancy) |
| <input type="checkbox"/> Slippers | <input type="checkbox"/> Handkerchiefs (small pack tissues) | <input type="checkbox"/> Gloves |
| <input type="checkbox"/> Socks (dress & casual) | <input type="checkbox"/> Shorts | <input type="checkbox"/> Scarf |
| <input type="checkbox"/> Shoes (dress, casual & Sandals) | <input type="checkbox"/> Swimsuit/cover-up | <input type="checkbox"/> Jacket |
| <input type="checkbox"/> Under garments | <input type="checkbox"/> Tops (dress & casual) | <input type="checkbox"/> Raingear (coat/poncho) |

Accessory Items:

- | | | |
|--|--|--|
| <input type="checkbox"/> Hotel Confirmation | <input type="checkbox"/> Emergency Contact Numbers | <input type="checkbox"/> Spot Remover |
| <input type="checkbox"/> Flight Tickets/transfers | <input type="checkbox"/> Pocket Flashlight | <input type="checkbox"/> Pocket Umbrella |
| <input type="checkbox"/> Passport/State issued picture ID** | <input type="checkbox"/> Alarm Clock | <input type="checkbox"/> Converter/Adapter* |
| <input type="checkbox"/> State Issued Certified Birth Certificate* | <input type="checkbox"/> Camera/video | <input type="checkbox"/> Cell Phone/charger |
| <input type="checkbox"/> Health Insurance Card | <input type="checkbox"/> Memory cards | <input type="checkbox"/> Prescription Medicine |
| <input type="checkbox"/> Security Wallet | <input type="checkbox"/> Sewing/First Aid Kits | <input type="checkbox"/> Credit Cards |
| <input type="checkbox"/> TSA approved Locks/Keys | <input type="checkbox"/> Reading Material/maps | <input type="checkbox"/> Cash with small bills |
| <input type="checkbox"/> Luggage Tags | <input type="checkbox"/> List of medicines | <input type="checkbox"/> Watch/Jewelry |
| | | <input type="checkbox"/> Earphones/gaming devices/snacks |

*If needed based on your travel itinerary and per the advise of your travel expert.

** If you plan to drive on an international vacation, you may need to obtain an International Driver's Permit.

Be sure to include in your carry-on any important documents, ID, tickets, medications or valuables. A travel pillow, light blanket, glasses, reading material and snacks will make your flight more relaxing. Personal music/gaming devices are also allowed. Information is believed to be accurate at time of publishing however please contact your travel expert should you have further questions.