



# Men's List.....Pack It & Go

This "Pack It & Go" considers all the necessary items you may need for your trip. **Luggage can be misplaced, lost or stolen so don't pack this list or other important travel documents in a suitcase.** Knives or sharp objects will not be allowed in carry-on baggage or past the security checkpoint. Any sharp items should be packed in your checked baggage. Insulin dependent flyers may carry on any syringe-injected medications. The TSA has specific rules for carry-on of liquids, gels and aerosols. Follow the 3-1-1 rule by using 3.4 oz. bottles or less of liquids, gels, or aerosols (trial size) and place them in a one quart size clear plastic Ziploc bag per person. For more information on carry on regulations please visit [www.tsa.gov](http://www.tsa.gov)

### Toiletries:

- Shaving items
- Styptic Pencil
- Toothpaste/Brush
- Shampoo/Conditioner
- Special Soap
- Deodorant
- Mouthwash
- Breath Mints
- Dental Floss
- Aspirin/Remedies, etc.
- Nail Clippers/File
- Tweezers
- Sunscreen
- Optic Solutions
- Hair Brush/Comb
- Lint Brush
- Hand Sanitizer
- Band-aides
- Sunglasses
- Contact Lenses
- Glasses

### Clothing:

- Pajamas
- Bathrobe
- Slippers
- Socks (dress & casual)
- Shoes (dress, casual & sandals)
- Underwear
- Pants (dress & casual)
- Belts
- Raingear (coat/poncho)
- Handkerchiefs (small pack tissues)
- Shorts
- Swim trunks
- Shirts (dress & casual)
- T-shirts
- Suits
- Sport Coats
- Ties
- Hats/caps
- Gloves
- Scarf
- Jacket
- Suspenders
- Sweater

### Accessory Items:

- Hotel Confirmation
- Flight tickets/transfers
- Passport/State issued Picture ID\*\*
- State Issued Certified Birth certificate\*
- Health Insurance Card
- Security Wallet
- Luggage Tags
- TSA approved Locks/Keys
- Emergency Contact Numbers
- Pocket Flashlight
- Alarm Clock
- Camera/video
- Memory Cards
- Sewing/First Aid Kits
- Spot Remover
- Reading material/maps
- Pocket Umbrella
- Converter/Adapter\*
- Cell Phone/charger
- Prescription Medicine
- Credit Cards
- Cash with small bills
- Watch/Jewelry
- Gaming Devices
- Earphones/Snacks
- \_\_\_\_\_
- \_\_\_\_\_

\*If needed based on your travel itinerary and per the advise of your travel expert.

\*\* If you plan to drive on an international vacation, you may need to obtain an International Driver's Permit.

Be sure to include in your carry-on any important documents, ID, tickets, medications or valuables. A travel pillow, light blanket, glasses, reading material and snacks will make your flight more relaxing. Personal music/gaming devices are also allowed. Information is believed to be accurate at time of publishing however please contact your travel expert should you have further questions.