



## Men's List.....Pack It & Go

This "Pack It & Go" considers all the necessary items you may need for your trip. **Luggage can be misplaced, lost or stolen so don't pack this list or other important travel documents in a suitcase.** Knives or sharp objects will not be allowed in carry-on baggage or past the security checkpoint. Any sharp items should be packed in your checked baggage. Insulin dependent flyers may carry on any syringe-injected medications. The TSA has specific rules for carry-on of liquids, gels and aerosols. Follow the 3-1-1 rule by using 3.4 oz. bottles or less of liquids, gels, or aerosols (trial size) and place them in a one quart size clear plastic Ziploc bag per person. For more information on carry on regulations please visit [www.tsa.gov](http://www.tsa.gov)

### Toiletries:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Shaving items       | <input type="checkbox"/> Breath Mints           | <input type="checkbox"/> Hair Brush/Comb |
| <input type="checkbox"/> Styptic Pencil      | <input type="checkbox"/> Dental Floss           | <input type="checkbox"/> Lint Brush      |
| <input type="checkbox"/> Toothpaste/Brush    | <input type="checkbox"/> Aspirin/Remedies, etc. | <input type="checkbox"/> Hand Sanitizer  |
| <input type="checkbox"/> Shampoo/Conditioner | <input type="checkbox"/> Nail Clippers/File     | <input type="checkbox"/> Band-aides      |
| <input type="checkbox"/> Special Soap        | <input type="checkbox"/> Tweezers               | <input type="checkbox"/> Sunglasses      |
| <input type="checkbox"/> Deodorant           | <input type="checkbox"/> Sunscreen              | <input type="checkbox"/> Contact Lenses  |
| <input type="checkbox"/> Mouthwash           | <input type="checkbox"/> Optic Solutions        | <input type="checkbox"/> Glasses         |

### Clothing:

- |   |  |                                      |
|---|--|--------------------------------------|
| <input type="checkbox"/> Pajamas                            | <input type="checkbox"/> Raingear<br>(coat/poncho)             | <input type="checkbox"/> Sport Coats |
| <input type="checkbox"/> Bathrobe                           | <input type="checkbox"/> Handkerchiefs (small<br>pack tissues) | <input type="checkbox"/> Ties        |
| <input type="checkbox"/> Slippers                           | <input type="checkbox"/> Shorts                                | <input type="checkbox"/> Hats/caps   |
| <input type="checkbox"/> Socks (dress & casual)             | <input type="checkbox"/> Swim trunks                           | <input type="checkbox"/> Gloves      |
| <input type="checkbox"/> Shoes (dress, casual &<br>sandals) | <input type="checkbox"/> Shirts (dress & casual)               | <input type="checkbox"/> Scarf       |
| <input type="checkbox"/> Underwear                          | <input type="checkbox"/> T-shirts                              | <input type="checkbox"/> Jacket      |
| <input type="checkbox"/> Pants (dress & casual)             | <input type="checkbox"/> Suits                                 | <input type="checkbox"/> Suspenders  |
| <input type="checkbox"/> Belts                              |  | <input type="checkbox"/> Sweater     |

### Accessory Items:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Hotel Confirmation                           | <input type="checkbox"/> Emergency Contact<br>Numbers | <input type="checkbox"/> Cell Phone/charger    |
| <input type="checkbox"/> Flight tickets/transfers                     | <input type="checkbox"/> Pocket Flashlight            | <input type="checkbox"/> Prescription Medicine |
| <input type="checkbox"/> Passport/State issued<br>Picture ID**        | <input type="checkbox"/> Alarm Clock                  | <input type="checkbox"/> Credit Cards          |
| <input type="checkbox"/> State Issued Certified<br>Birth certificate* | <input type="checkbox"/> Camera/video                 | <input type="checkbox"/> Cash with small bills |
| <input type="checkbox"/> Health Insurance Card                        | <input type="checkbox"/> Memory Cards                 | <input type="checkbox"/> Watch/Jewelry         |
| <input type="checkbox"/> Security Wallet                              | <input type="checkbox"/> Sewing/First Aid Kits        | <input type="checkbox"/> Gaming Devices        |
| <input type="checkbox"/> Luggage Tags                                 | <input type="checkbox"/> Spot Remover                 | <input type="checkbox"/> Earphones/Snacks      |
| <input type="checkbox"/> TSA approved<br>Locks/Keys                   | <input type="checkbox"/> Reading material/maps        | <input type="checkbox"/> _____                 |
|   | <input type="checkbox"/> Pocket Umbrella              | <input type="checkbox"/> _____                 |
|   | <input type="checkbox"/> Converter/Adapter*           |  |

\*If needed based on your travel itinerary and per the advise of your travel expert.

\*\* If you plan to drive on an international vacation, you may need to obtain an International Driver's Permit.

Be sure to include in your carry-on any important documents, ID, tickets, medications or valuables. A travel pillow, light blanket, glasses, reading material and snacks will make your flight more relaxing. Personal music/gaming devices are also allowed. Information is believed to be accurate at time of publishing however please contact your travel expert should you have further questions.